



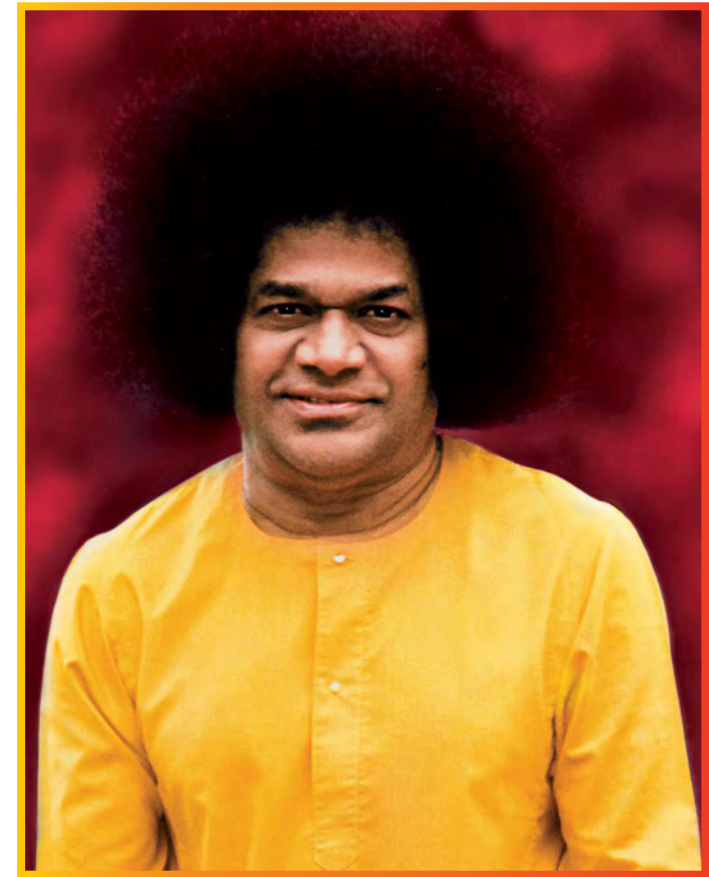
## SRI SATHYA SAI SARLA MEMORIAL HOSPITAL

---

सर्वे सन्तु निरामयाः

Sathya Sai Grama, Muddenahalli, Karnataka





*In His footsteps of Love All Serve All*





*Identifying the gaps in societal needs and addressing it in a holistic and sustainable way to have a lasting impact, is our approach to service in all our institutions. This is why our endeavours are focussed in the remote rural parts of India bringing care to the very doorsteps of the needy, without any discrimination whatsoever.*

**- Sadguru Sri Madhusudan Sai**



## CONTENTS

Founder – Sadguru Sri Madhusudan Sai	01
Founder’s Message	03
Healthcare – A Compassionate Venture	04
Sri Sathya Sai Sarla Memorial Hospital	08
Centres of Excellence – In-House Care and Visiting Care	12
Preventive Education	14
Our Team	16
Recent Developments	18
Future Plans	22
Upcoming Medical College	23
COVID-19 Care	27



## FOUNDER

### Sadguru Sri Madhusudan Sai

Sadguru Sri Madhusudan Sai is leading the mission of spirituality and service by furthering the cause of Sri Sathya Sai Baba, a world-renowned spiritualist, humanitarian, and philanthropist.

In the last 10 years, Sadguru Sri Madhusudan Sai has initiated and executed various humanitarian service projects across **30 countries** apart from several institutions of public service, all rendering services completely free of charges to the needy. In India, four notable Institutions have made remarkable progress in furthering the cause of **free values-based education, free tertiary health care services and free nutrition to the rural poor and the deprived sections of the society**. They are - **Sri Sathya Sai Loka Seva Gurukulam Group of Institutions, Sri Sathya Sai Sanjeevani Hospitals, Sri Sathya Sai Sarla Memorial Hospital** and the Sri Sathya Sai Annapoorna Trust that executes the **Annapoorna Morning Nutrition Programme**, respectively.

**5,000 rural children** are being empowered with values-based integral education through the **26 educational campuses** in South India, which also includes a higher education wing - the **Sri Sathya Sai University for Human Excellence** at **Kalaburagi district** in Karnataka.

In the healthcare sector, three super specialty child heart care hospitals, known as the **Sri Sathya Sai Sanjeevani Child Heart Care Centres**, have been established at **Nava Raipur Atal Nagar in Chhattisgarh, Palwal in Haryana, and Navi Mumbai in Maharashtra**. Over **16,000 surgeries** have been performed absolutely free of charges at these hospitals, since the year 2012. Every single morning, breakfast is served to over **500,000 school-going children**, across **17 States** and **3 Union Territories** of India, through the Annapoorna Morning Nutrition Programme.

The various spiritual and service activities that are carried out across the world, under the mentorship and guidance of Sadguru Sri Madhusudan Sai, are truly leading humanity towards the highest advaitic realisation of one supreme truth, one united world and one global family.

*Statistics as of August 2021*







## SRI SATHYA SAI SARLA MEMORIAL HOSPITAL

सर्वे सन्तु निरामयाः

## FOUNDER'S MESSAGE

### *sarve santu nirāmayāḥ*

*'vaidyo narayana harih'* proclaims the Indian culture, which simply means, Doctor is God. It is not without a reason that after one's own mother, father and teacher, this prized privilege of being a God to humanity is given only to a physician who works selflessly and tirelessly to relieve the sick and the suffering. This was more so in ancient India and most of the earliest civilisations, where the physician was available to the sick at all times, be it day or night, to serve them without any charges whatsoever. This act of total selflessness which expected nothing in return from the sick, be a Prince or a pauper, made people adore physicians as Gods. The Indian prayer, *'sarve santu nirāmayāḥ'*, let all be healthy, was made in all its earnestness as we Indians knew that even if someone was to fall sick, he or she would be provided with all the medical care needed by the physician and no one would be deprived of it simply because of financial barriers. The idea of *'vasudhaiva kuṭumbakam'* - the whole world is one family, prospered and perpetuated itself through such a free healthcare system that charged no one, but was instead supported by all, for the welfare of all. This idea was lost over a period, with monetisation and commoditisation of essential services like health and education, until Bhagawan Sri Sathya Sai Baba, breathed a new life into this dying ideology by liberating healthcare services from the financial clutches of modern medicine. The result was the establishment of several hospitals that provide free of cost services to all.

Another link in the chain of such free healthcare initiatives, is Sri Sathya Sai Sarla Memorial Hospital at Muddenahalli, Chikkaballapur in the rural heartland of Karnataka, set up by the selfless support of several people from around the world. The name Sarla Memorial is significant as it's a tribute to Mrs Sarla Indulal Shah, in a gesture of gratitude for her lifelong services to Bhagawan Sri Sathya Sai Baba's mission.

This small venture today is all set to grow into a 500-bedded state-of-the-art multi-super-speciality hospital, as well as a teaching and training institute in the near future. In a world consumed by commerce, this one-of-its-kind medical facility would untie the strangulating knots that bind healthcare services with financial obligations and change the way healthcare is taught and learnt, given and received.

**Sri Madhusudan Sai**



## HEALTHCARE

### A Compassionate Venture

‘Health is wealth’, as only good health can enable one to undertake any activity in the society, including earning a decent livelihood. Unfortunately, today’s modern times are characterised by soaring healthcare costs, which has made healthcare unaffordable to the disadvantaged sections of the society; coupled with the unavailability of healthcare services in rural geographies, which has forced people to seek medical care at expensive urban hospitals—seem to convey—‘without wealth there is no health’.

Against the background of 70% of Indians living in rural areas without access to high-end speciality care, and on an average 60% of healthcare expenses being out of pocket, thus pushing 6 million people below poverty line every year, there is a need for action—an action that upholds the very values of the Divine Art of Healthcare. With this noble intention and with the urge to serve the cause of **‘Right to Healthy Childhood’**, Sadguru Sri Madhusudan Sai, who walks the footsteps of His Master, Sri Sathya Sai Baba, dedicated his life to provide healthcare for all absolutely free-of-cost, in line with Baba’s philosophy. Thus, came about, in a span of 10 years, three hospitals for child heart care known as, **Sri Sathya Sai Sanjeevani Centres for Child Heart Care**. Creation of a holistic ecosystem, which is Preventive, Curative, and Educative, resulting in reducing the global congenital heart disease burden is the mission of Sri Sathya Sai Sanjeevani Child Heart Care Centres. The journey commenced with the establishment of the first dedicated Totally Free of Cost Centre – **Sri Sathya Sai Sanjeevani Centre for Child Heart Care at Nava Raipur Atal Nagar, Chhattisgarh** in November 2012. In November 2016, the second Hospital – **Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research** was inaugurated by the Hon. Prime Minister of India, Mr Narendra Modi at Baghola, Palwal District, Haryana. **Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar, Navi Mumbai** was established as a ‘Public Service Institution’ in November 2018. These hospitals have successfully conducted **over 11,982 child heart surgeries, over 4,032 paediatric cath interventions, 103,500+ outreach screenings and 137,443+ consultations, absolutely free of cost**. Since the inception of the first hospital in 2012, patients from across India and several developing countries like Pakistan, Afghanistan, Nepal, Bangladesh, Sri Lanka, Fiji, Uzbekistan, Nigeria, Liberia, Yemen, Ethiopia, Rwanda, Cambodia and Kurdistan Region of Iraq, have been treated.

*Statistics as of August 2021*



*Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar, Chhattisgarh*



*Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research, Baghola, Palwal, Haryana*



*Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar, Navi Mumbai, Maharashtra*



On the international habitats, **Sri Sathya Sai Sanjeevani Medical Centre** – a free medical clinic and pharmacy located at Suva in **Fiji** commenced in April 2018. **Sri Sathya Sai Sanjeevani Children’s Heart Screening Centre** was inaugurated in April 2019 on the islands of Fiji, by the **Honourable Prime Minister of Fiji, Mr Josaia Voreqe Bainimarama**. **Sri Sathya Sai Sanjeevani Children’s Heart Hospital Fiji** – A Free Paediatric Cardiac Hospital for the entire Pacific Region is on its way for inauguration in April 2022. This will be one of the largest projects undertaken by a NGO in Fiji’s history.

**Sri Sathya Sai Karunalayam Medical Centre at Batticaloa in Sri Lanka** started functioning in August 2017, absolutely free of cost for all services. Adjoining the medical centre, the construction of a 75-bed general hospital, which in later years will expand into the Sri Sathya Sai Sanjeevani Super Speciality Hospital that will cater to child heart care, is currently under way in Sri Lanka.

**Aruike Speciality Hospital (ASH) at Nigeria** manages two clinical facilities in remote rural areas in the States of Enugu and Imo. These hospitals are meant for rural dwellers, who cannot access quality healthcare services. Both the hospitals treat children and adults of all age groups.

Inauguration of **Sathya Sai Sanjeevani Medical Centre at Clarksdale, Mississippi** in June 2019, a free medical clinic for women and children, and for promoting proper nutrition, health education, and disease prevention, is a new lease of healthcare in a highly developed country like the USA.

In addition to these, a hospital in South India that can offer free of cost speciality services for the rural and underprivileged sections of the society was set up in the name of **Sri Sathya Sai Sarla Memorial Hospital**.



*Sri Sathya Sai Sanjeevani Medical Centre, Fiji*



*Sri Sathya Sai Karunalayam Medical Centre, Batticaloa, Sri Lanka*



*Aruike Speciality Hospital, Enugu, Nigeria*



*Sathya Sai Sanjeevani Medical Centre, Clarksdale, Mississippi*



## SRI SATHYA SAI SARLA MEMORIAL HOSPITAL

Sri Sathya Sai Sarla Memorial Hospital is a **multi-disciplinary hospital** established at **Sathya Sai Grama, Muddenahalli**, in the district of Chikkaballapur, Karnataka in South India. The main objective of the Hospital is to make quality healthcare accessible for all, without any barriers, **absolutely free of cost**. The Hospital got its name from the memory of late **Mrs Sarla Indulal Shah**, an ardent devotee of Sri Sathya Sai Baba, who dedicated her life to the service and upliftment of women and children.

The medical services of the hospital as a **preliminary outpatient centre** started in **January 2018**. However, the Hospital will grow to be a **300-bedded medical facility** that will progress in phases. As part of the first phase, the Hospital has been upgraded to a 150-bedded high dependency in-patient facility consisting of **125 HDU and oxygenated beds**, and **25 ICU beds**, with **specially equipped paediatric and neonatal ICU facilities** to be battle-ready, should there be a third wave of the COVID pandemic.

Ever since 2018, the Hospital has been serving patients in various disciplines of **General Medicine, Paediatrics, Obstetrics and Gynaecology, ENT, Dentistry, Pathology, Community Medicine, and Physiotherapy**. Many voluntary caregivers extend their love and compassion by visiting the Hospital regularly to provide specialty services such as **Endocrinology, Cardiology, Neurology, Foetal Medicine, Dermatology, Plastic Surgery, Podiatry, Radiology, and Orthopaedics**.

Through the **Divine Mother and Child Health Program – the Community Medicine initiative**, over **20,000 children from 600 Govt schools have been screened**. The lives of about **14,000 expecting mothers** have been touched and enhanced by improving vital parameters such as haemoglobin and calcium levels, controlling gestational diabetes and blood pressure, etc.

Expanding its horizons to serve more patients, the Sri Sathya Sai Sarla Memorial Hospital in conjunction with the **Indian Medical Association, Chikkaballapur** branch commenced the Diabetic Retinopathy treatment on 24 October 2019. Ophthalmologists from the district commenced regular screening of patients who visit the Hospital for Diabetic Retinopathy and recommend treatment as per the need. The government bus with laser machine, visits the hospital once a month to treat patients who need retinal correction with laser treatment. Those who require cataract surgery are referred to the district hospital at Chikkaballapur for surgery. A Diabetic and Chronic Diseases Outpatient Department attends to about **1,800 patients per month**. On an average, the able team of doctors sees about **4,000 walk-ins each month**, inclusive of all general and specialty medical services.

To reach out to a wider patient base, monthly medical camps are also conducted. Through this, healthcare is taken to the doorsteps of villagers. A team of doctors pay periodic visits to government schools in the vicinity. Since September 2020, the hospital has served over **17,000 children** in the age group of 0 to 6 years for **congenital heart disease screenings**, from over **700 anganwadis** across all the **6 taluks of Chikkaballapur district**. During the pandemic lockdown, when patients were unable to come to the hospital for their regular check-up, medicines were systematically packed and delivered to their homes.

*Statistics as of August 2021*



*Sri Sathya Sai Sarla Memorial Hospital, Sathya Sai Grama, Muddenahalli, India*








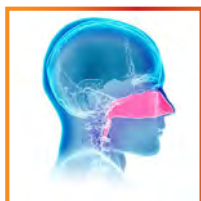










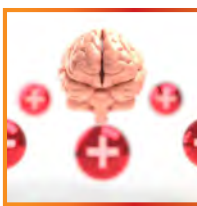



## SRI SATHYA SAI SARLA MEMORIAL HOSPITAL



























CENTRES OF EXCELLENCE

IN-HOUSE CARE

 General Medicine	 Paediatrics	 Obstetrics and Gynaecology	 ENT
			
 Dentistry	 Pathology	 Community Medicine	 Physical Therapy
			
 Psychiatry	 Rheumatology		
			

VISITING CARE

 Endocrinology	 Cardiology	 Neurology	 Foetal Medicine
			
 Dermatology	 Plastic Surgery	 Ophthalmology	 Podiatry
			
 Radiology	 Orthopaedics	 Audiology	 General Surgery
			



## PREVENTIVE HEALTH EDUCATION (DMCHP)



Divine Mother & Child Health Program

Preventive Health Education is yet another initiative of the Sri Sathya Sai Sarla Memorial Hospital under its **Community Medicine Department**, carried out through the **Divine Mother and Child Health Program (DMCHP)**.

In the year 2013, **Divine Child Health Program** was launched, as a comprehensive early detection and systemic health screening programme for rural school-going children. Since then, child health screening is being conducted based on Government of India's **Rashtriya Bal Swasthya Karyakram (RBSK)**, which focusses on the detection of 4Ds i.e, **Defects at birth, Deficiencies, Disease, and Developmental delays and disabilities**. This programme expanded into the **Divine Mother and Child Health Program in September 2017**, by focussing on preventive care for pregnant women alongside children. So far, preventive health education and healthcare support has been gifted to over **16,000 expecting mothers at 50 PHCs and 85,000 children at 2,200 Schools**. In the State of Karnataka, the programme has embraced **seven districts**, and various kinds of preventive health education programmes are conducted regularly at the rural areas.

### ○ Students of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions

Annual medical check-ups are conducted for students studying at the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions to promote health literacy and create awareness on personal health and hygiene. In collaboration with the Primary Health Centre at Muddenahalli, students are vaccinated for measles, mumps, rubella, and tetanus.

### ○ Expecting and Lactating Mothers

Through the Primary Health Centres run by the Government, expecting mothers and lactating mothers are advised on various aspects like nutrition, hygiene, self-care during pregnancy, preparedness for delivery, benefits of exclusive breastfeeding, care of infants, complementary feeding, family welfare, and other healthy child rearing practices .

### ○ Children in Primary Schools (age 6 to 10 years)

Children in this age group are taught about the importance of bathing daily, brushing teeth, skin care, hair care, regular hand washing, and other basic health concepts.

### ○ Children in Higher Primary and High schools (age 11 to 16 years)

Children in this age group are educated on sexual health, menstrual hygiene, growth and development during puberty, importance of nutrition and general hygiene. Special meditation sessions for improving memory and concentration, and personality development sessions are also conducted with the help of subject experts.

Statistics as of August 2021

### ○ College Students (age 16 to 22 years)

Sessions on voluntary blood donation, anaemia prevention, first aid, gender equality, concepts about marriage and pregnancy planning, sexual health, and other general health concepts are taught to college students.

### ○ Medical and Paramedical Staff

Doctors, Nurses, Auxiliary Nurse Midwives (ANMs), Anganwadi workers and ASHA staff in healthcare system are also trained in various aspects of health, according to their needs.

## GIFT OF LIFE

Sri Sathya Sai Sarla Memorial Hospital along with the team of **Divine Mother and Child Health Program**, conducted **heart screening** for over **20,000 children** in the **Chikkaballapur District** of Karnataka. Out of this, **two children** who needed immediate care were admitted to the **Sri Sathya Sai Sanjeevani Centre for Child Heart Care and Training in Pediatric Cardiac Skills at Navi Mumbai**, in the month of July 2021. These two children – **Bindu and Babu**, were successfully restored to life with a healthy heart – The '**Gift of Life**' was bestowed on them.



Name – Bindu

Age – 7 years

Treatment – Patent Ductus Arteriosus Ligation

Father – Chowdareddy (Farmer)



Name – Babu

Age – 1 year, 9 months

Treatment – Ventricular Septal Defect Surgical Closure

Father – Naveen Kumar (Auto-driver)

## OUR TEAM

### ○ GENERAL MEDICINE

**Dr Rajdip Barai**  
MBBS, MD

**Dr Nityanand\***  
MBBS

**Dr Jayanti Thumsi\***  
MBBS, MS (General Surgery)

**Dr Asha Damodaran**  
MBBS

### ○ PAEDIATRICS

**Dr Sarita Purushottaman**  
MBBS, MD, DCH, MRCPCH

**Dr Gopal Rao**  
MBBS, DCH

**Dr Shekar Subbiah \***  
MBBS, MD

**Dr Arvind Shenoi\***  
MBBS, MD (Pediatric), DM (Neonatology)

### ○ OBG

**Dr Surya Prabha**  
MBBS, MD (OBG), DGO

**Dr Vinodini**  
MBBS, MD (OBG)

**Dr Namita Bali**  
MBBS, MD (OBG), FRCOG

**Dr Jyothsna Madan\***  
MBBS, MD (OBG)

### ○ PATHOLOGY

**Dr Raghupati**  
MBBS, MD Pathology, PGDHA

\*Visiting Faculty

### ○ ENDOCRINOLOGY

**Dr Sathish Babu\***  
MBBS, MD, MRCP, CCST

### ○ CARDIOLOGY

**Dr Venkatesh\***  
MBBS, MD, DM Cardiology

### ○ DENTAL

**Dr Ramesh Rao**  
BDS, DDS

**Dr Sai Lakshmi**  
BDS

**Dr Manjunath**  
BDS

**Dr Prabhuji\***  
BDS, MDS

**Dr Grish Kumar Malhotra\***  
BDS, DGDP, RCS, ENG

### ○ ENT

**Dr Kulbhushan Bali**  
MBBS, MS (ENT), FACS, FEAO

### ○ NEUROLOGY

**Dr Suresh Kodapala\***  
MBBS, MD, DM (Neurology)

### ○ DERMATOLOGY

**Dr Archana Keshavamurthy \***  
MBBS, DSA, DCD

### ○ FOETAL MEDICINE

**Dr Raja A Munireddy\***  
MBBS, MD, DNB, DRCOG, MRCOG, FFM.

### ○ ORTHOPAEDICS

**Dr Vikram Shetty\***  
MBBS, D.Ortho, DNB (Ortho)

**Dr Ajith\***  
MBBS, MS (Ortho)

**Dr Arun Kumar M S \***  
MBBS, MS (Ortho), MRCS(Ed)

**Dr Saraswati Viswanathan\***  
MBBS, MS (Ortho), Fellowship in  
Pediatric Orthopedics

**Dr Sai Krishna B Naidu\***  
MBBS, MRCS, Dip SICOT, FRCS , MCh.

**Dr Ganesan Naidu \***  
MBBS, FRCS, (Edin) (Ortho), FAMS

**Dr Ravi K Pillay \***  
MBBS, FRCS,(Edin) M.Ch. Ortho, Dip.  
SportsMed (Canada)

### ○ PLASTIC SURGERY

**Dr Gautham M \***  
MBBS, MS, M.Ch.(Plastic Surgery)

### ○ RADIOLOGY

**Dr Sampath Kumar N \***  
MBBS, DMRD, DNB

### ○ COMMUNITY MEDICINE

**Dr Phaneendra M S**  
MBBS, MD (Community Medicine)

### ○ PODIATRY

**Dr D Mallikarjun Rao\***  
MBBS

### ○ PHYSICAL THERAPY

**Dr Aparna Dwivedi**  
BPT



## RECENT DEVELOPMENTS

### ○ Dedication to the Nation – Sri Sathya Sai Sarla Memorial Hospital by the Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai

On the **27 August 2021**, the Sri Sathya Sai Sarla Memorial Hospital was dedicated to the service of the nation in the Divine Presence of Sadguru Sri Madhusudan Sai along with the **Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai** and **Dr K Sudhakar – Minister of Health and Family Welfare and Medical Education, Government of Karnataka**. The dedication is specially relevant in the current times of the COVID pandemic, wherein the Hospital is prepared to fight COVID and address the healthcare needs of the people, especially that of women and children—all completely free of cost.

Mr Basavaraj Bommai officially initiated the recently completed Out-Patient Departments comprising of **Audiology, Ophthalmology, Orthopaedics, Paediatrics, Physiotherapy, General Medicine, General Surgery, ENT, Dentistry, Neurology, Rheumatology, Psychiatry; and a Procedure Room.**

A dedicated **Operation Theatre (OT)** for the **Obstetrics and Gynaecology Department** was also inaugurated, along with Obstetrics and Gynaecology consultation rooms.



*Dedicating the Hospital to the Service of the Nation by Honourable Chief Minister of Karnataka, Sri Basavaraj Bommai, along with Dr K Sudhakar – Minister of Health and Family Welfare and Medical Education - Government of Karnataka on 27 August 2021*



*“It is my firm conviction that without a divine intervention, such service-oriented minds cannot come together.*

**Sri Sathya Sai Sarla Memorial Hospital—** Sathya Sai means ‘Truthful’, ‘Omnipresent Spiritual Power’. Sarla means ‘Simplicity.’ Wherever there is spiritual power, simplicity simply follows. There will be no flamboyance. Simplicity with Divinity is sevā. What kind of sevā? It should be a sevā that is rendered to the ones who are

suffering and who are in pain. Healing can be done only by the Divine. Only God can heal the pain. Doctors are blessed because theirs is a noble profession. God has bestowed the power of healing on the doctors.

*Here, the Divinity has commanded the doctors to perform the noble action of healing; and therefore, I feel that the name of the Hospital is very appropriate.”*

**Basavaraj Bommai**  
Honourable Chief Minister  
State of Karnataka



*Ground-breaking ceremony of Sri Sathya Sai Rajeswari Memorial Block*



*Extending Felicitation to the Chief Minister*



## RECENT DEVELOPMENTS

### ○ COVID Care Facility

In its vigour to give its all for the citizens of the country, especially to preserve the vitality of the future citizens – the children, Sri Sathya Sai Sarla Memorial Hospital took the bold step to do all in its capacity to cater to children during the current COVID times. The Hospital offers a **150-bedded high dependency COVID Care specialty facility consisting of 125 HDU and oxygenated beds, and 25 ICU beds, with specially equipped paediatric and neonatal ICU facilities** to be battle-ready, should there be a third wave of the COVID pandemic. This facility was officially inaugurated by the **Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai** in the Divine Presence of Sadguru Sri Madhusudan Sai on **27 August 2021**.



COVID Ward



Neonatal ICU – Visited by Mr Basavaraj Bommai

### ○ Vaidya Setu

Vaidya Setu is a tele-health consultation service that will be operated by a dedicated team of professionally acclaimed doctors who would offer free consultations and prescriptions either online or over a phone call.



VAIDYA SETU

### ○ Sri Sathya Sai Rajeswari Memorial Block

The **ground-breaking ceremony** of the new block – **Sri Sathya Sai Rajeswari Memorial Block**, adjoining Sri Sathya Sai Sarla Memorial Hospital also took place on the **27 August 2021**. The lady behind the name of this new block is an inspiration for true healthcare – competent care yet a compassionate one! She dedicated her life till her last breath working for the Sri Sathya Sai General Hospital at Whitefield, Bangalore—a first of its kind hospital inaugurated by Baba in the year 1976. Her pioneering efforts that came forth from her many years of professional experience, developed the hospital, phase by phase, department by department, to what it is today.

The Sri Sathya Sai Rajeswari Memorial Block will help the Hospital to upgrade to a **medical college** within a year, where **medical education** will be provided **free of cost** to the rural and poor students, thus creating service-minded medical professionals – doctors, nurses and paramedics. The upcoming medical college would help the Sri Sathya Sai Sarla Memorial Hospital and the Sri Sathya Sai Sanjeevani Centres for Child Heart Care with the much needed staff and then will expand to serve in all possible needy geographies of the world.



## FUTURE PLANS

- An **Advanced Foetal Medicine Centre** with an integrated fellowship programme for modern preventive and therapeutic maternal and foetal care will commence in the coming weeks. On the **27 August 2021, Mr Basavaraj Bommai, the Honourable Chief Minister of Karnataka** unveiled the plaque as part of the ceremony to announce the commencement of the centre.
- Increasing women's access to basic services is the key to a better tomorrow. In the future, the Hospital will seek to alleviate maternal health issues like low institutional deliveries, inadequate antenatal and postnatal care, irregular immunisations and medications, malnutrition, lack of proper awareness etc. It will also focus on infant mortality issues like congenital anomalies, prematurity and low birth weight, neo-natal infections, birth asphyxia and birth trauma, diarrhoeal diseases and non-communicable diseases.
- Soon, the Sri Sathya Sai Sarla Memorial Hospital will grow into a teaching and training hospital, which will produce paramedics, nurses, doctors and other healthcare professionals, who are willing to dedicate their lives in the service of the sick and impoverished citizens of the nation.



*Advanced Foetal Medicine Centre*

## UPCOMING MEDICAL COLLEGE



**Making Quality Medical Care Accessible And Affordable In Rural India Through Values-Based Free Medical Education**

**Setting Up India's First Totally Free Of Cost Medical College At Sathya Sai Grama – Muddenahalli**

Sri Sathya Sai Baba breathed a new life into the ideology of healthcare by establishing various Institutions of Medical Excellence, providing totally Free of Cost Healthcare Services to all for over 50 years. In furtherance of His vision and to enhance the creation and development of committed and skilled doctors to serve the country's unserved geographies and populations, **India's First privately run Totally Free of Cost Medical College** will be established in Muddenahalli (30 minutes from Bengaluru Airport), Chikkaballapur District, Karnataka – the birthplace of Bharat Ratna Sir M Visvesvarayya.



*(Architect's Impression)*



## UPCOMING MEDICAL COLLEGE

### A New Values-Based Model for Medical Education

This first-of-its-kind endeavour by the Sri Sathya Sai University for Human Excellence, which was founded in 2018 by Sadguru Sri Madhusudan Sai in Kalaburagi, Karnataka, will bring quality services through Medical Doctors and Nurses with noble values for Serving Rural India. The University already provides free values-based education in sciences and humanities at graduate, post graduate and research programme levels, **absolutely free of all costs** to the rural and marginalised students, thereby enabling them to serve other rural children through educational services.

**Salient features of this values-based free medical education model are:**

1. **Totally Free of Cost to ALL** – Education to the students at the Medical College shall be provided totally free of cost and based on merit, irrespective of their socio-economic background.
2. **Serving Rural India** – Along with professional and quality medical education, the values-based educational approach adopted by the Medical College will inspire and ensure that the students, who will be taken from rural India, will rededicate themselves to the service of rural India.

This model of values-based free medical education by private Institutions will help create a generation of Medical and Nursing professionals, who will be committed to achieve the country's goal of universal healthcare coverage.

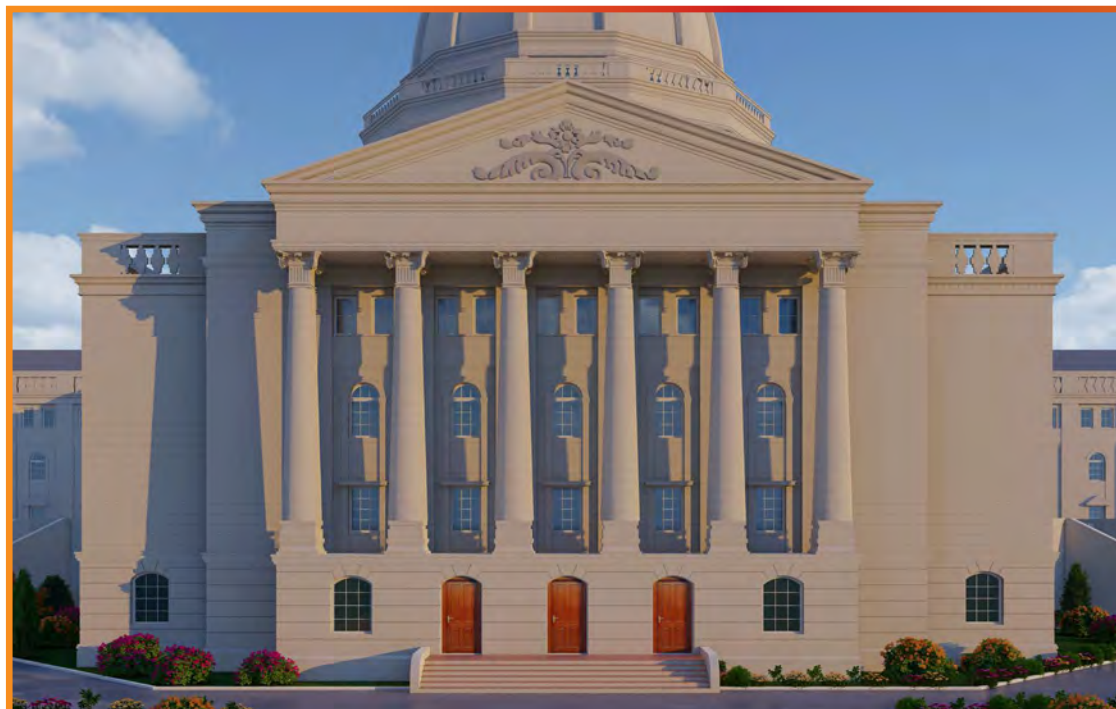


(Architect's Impression)





## UPCOMING MEDICAL COLLEGE



## COVID-19 CARE



### How the Corona Virus is Affecting the World

Dealing with the unforeseen challenges caused by the COVID-19 pandemic has taken a significant toll on people all across the world. However, even the countries that the new coronavirus has hit less aggressively are still under considerable strain, and the entire world is buzzing with uncertainty and questions: How long will the pandemic last? What

will people's lives look like once the pandemic is over? At the moment, many countries have taken measures — some of them stringent — to slow down the spread of SARS-CoV-2, the virus that causes COVID-19.

The COVID-19 pandemic has led to a dramatic loss of human life worldwide and presents an unprecedented challenge to public health, food systems and the world of work. The economic and social disruption caused by the pandemic is devastating: tens of millions of people are at risk of falling into **extreme poverty and malnutrition**.

Millions of enterprises face an existential threat. Nearly half of the world's global workforce - 3.3 billion - are at risk of losing their livelihoods. The pandemic has decimated jobs and placed millions of livelihoods at risk. As breadwinners lose jobs, fall ill and die, the food security and nutrition of millions of women and men are under threat, with those in low-income countries, particularly the most marginalised populations, which include small-scale farmers and indigenous peoples, being hardest hit. Further, when experiencing income losses, they may resort to negative coping strategies, such as distress sale of assets, predatory loans or child labour.

Informal economy workers are particularly vulnerable because the majority lack social protection and access to quality healthcare. Without the means to earn an income during lockdowns, many are unable to feed themselves and their families. For most, no income means no food, or, at best, less food and less nutritious food.

The run on the hospitals has overwhelmed the Indian healthcare systems, and the need of the hour is the addition of more hospitals that can meet the medical needs of the sick. As India grapples with COVID-19, the want for a quality healthcare system that especially caters to the rural poor cannot be overstated. The country is reeling under an exponential increase in the number of COVID-19 infections, which is around **four lakh cases per day**.

**The Sri Sathya Sai Sarla Memorial Hospital** at Muddenhalli has geared up and risen to the occasion and extends the best COVID care to all those in need absolutely free of cost. The criticality of providing this infrastructure is highlighted by the fact that there are not enough hospitals with **ICU facilities** in the district of Chikkaballapur and some of its neighboring towns.

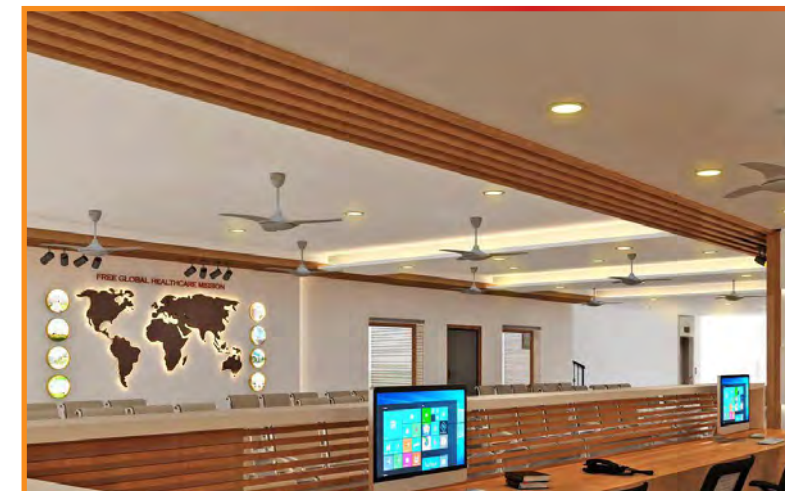
## HDU AND ICU OXYGENATED BEDS

### Intensive Care Units

Preparing ICUs is an integral part of any pandemic response. The ICUs are equipped with Ventilator, Defibrillator, Syringe Pumps, Patient Monitors, ECG Machine, Bed Head Panels, Suction Unit, Laryngoscopes, Ambubags and Patient Warmer.

### Oxygenated Beds

A massive demand has arisen for bed equipped with piped oxygen to give patients quick support and avoid a situation where they might need ventilators. Oxygenation is a non-invasive measure to aid breathing. There are no tubes that are introduced into the body, as oxygen is given via a face mask or nasal cannula.



## SPECIAL COVID CARE

The hospital will be made available for the treatment of COVID-19 patients for as long as India and Indians fight the pandemic. That apart, it will cater to the general medical needs of the villagers and will offer a blend of full-time and external health consultants, telemedicine, operating theatres, and ICU and emergency services, among others.

**The hospital offers 125 HDU and oxygenated beds, and 25 ICU beds free-of-cost**





*'Health is Wealth' and it is every individual's responsibility  
to ensure that one's body, mind, and spirit are preserved and  
used in the most beneficial manner.*

**- Sadguru Sri Madhusudan Sai**





## SRI SATHYA SAI SARLA MEMORIAL HOSPITAL

---

सर्वे सन्तु निरामयाः

Sathya Sai Grama, Muddenahalli,  
Chikkaballapur Taluk and District – 562101, Karnataka, India

Tel +91 84311 33988

[www.ssssmh.org](http://www.ssssmh.org)

